



Daily Routine

This routine should be used as a guide and not as a strict routine.

7.30-8.45am	<i>Breakfast</i>
9.00-9.30am	<i>Registration / Topic Discussion</i>
9.30-10.15am	<i>Free Play</i>
10.15-10.45am	<i>Free Flow / Snack Time</i>
10.45-11.30am	<i>Physical - Adult Led Activities</i>
10.30-11.45am	<i>Story Time</i>
11.45am	<i>Lunch Time</i>
12.20-2.00pm	<i>Sleep Time / Free Play (in/out) (Planned Activity For Non-Sleepers)</i>
2.00-3.30pm	<i>Children's Choice / Group Games</i>
3.30pm	<i>Tea time</i>
4.00-5.00pm	<i>Free Play</i>
5.00-5.30pm	<i>Story Time / Tidy Up</i>
6.00pm	<i>Home Time</i>